



***Novice League Guide***  
***For***  
***Captains and Players***

***Lucy and Barbara***  
***Local League Coordinators***  
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***(706) 495-8657***

## Guidelines

### Introduction

Welcome to the CSRATA Novice League! Tennis is a sport for a lifetime and your decision to enroll in Tennis Apprentice was the first important step. You have successfully completed the program by learning the basics strokes and the fundamental rules of scoring and court etiquette. You are now prepared to put your skills to play in a fun, low stress yet structured league. This 6 week Novice League is designed to provide you with an introduction to match play, and further your understanding of the USTA rules, Local League Rules and court etiquette. The rules can be found at [www.csratenis.com](http://www.csratenis.com). Upon completion you will be equipped with all the tools you need to advance to playing in the Adult League Tennis. This guide provides you with the information necessary to get started. **Remember: *The Most Important Rule is HAVE FUN!!!***

### Format of Play

- This is a co-ed league. Doubles teams may be all male, all female or a combination. Singles players may be either male or female.
- A match consists of 2 doubles lines and one singles line.
- An individual match winner is the player/team who wins the best of the best of 3 sets. A 10 point Coman tie-break is played in lieu of a full third set.
- A team win consists of the best of 3 individual matches.
- All matches are played on hard court.
- The home team brings an unopened can of USTA approved balls.

### Captain Responsibilities

- Remember you are a team organizer not a Tennis Coach or Referee
- Review the Local League Rules at [www.csratenis.com](http://www.csratenis.com) and if questions notify the local league coordinators.

- Verify with your players that the team roster you have been given has current contact information.
- Provide your players with the league schedule and ask them for their availability.
- Weekly, prepare the match line-up and notify the team of the date, time and place.
- Remind the players to be at the tennis site no later than 15 minutes before match time. Home team supplies balls.
- If you are the home Captain check- in at the tennis facility to determine which courts you have been assigned. Prepare the scorecard and exchange the line-up with the opposing Captain.
- Notify your players of their assigned court and the names of their opponents.
- Score Card:

Accurately and completely fill out the scorecard

Record the scores from the winners perspective

Record the individual match scores on the scorecard. Within 48 hours send the match results to the local league coordinators at [csrata.llc@gmail.com](mailto:csrata.llc@gmail.com).

Circle the winning team

### **Player Responsibilities**

- Be a team player. Support your Captain and answer e-mails in a timely manner.
- Arrive to the matches on time (15 minutes) early ready to play.
- Bring with you any items you may need such as drinks, towels, cups.
- Home team supplies balls.

## Novice League Score Card

Date Scheduled: 7-31-16

EXAMPLE

Home Captain: Joe Smith

Visiting Captain: Betty Boop

Team: Newman

Team: Riverview

\*Always record the score from the winner's perspective\_\_\_\_\_

<u>Home Team</u>	<u>Visiting Team</u>	<u>Scores</u>
Jane Doe	Deb Smith <span style="color: red;">Winner (circle)</span>	
Singles _____ vs _____		_ 6-1 _ _ 6-4 _ _____
Mike Michael <span style="color: red;">Winner (circle)</span>	Nancy Neatnik	
#1D _Sally Summer _____ vs _____	_Betty Boop_____	_ 6-1 _ _ 5-7 _ _ 1-0 _ _____
Hal Hurts	John Smith <span style="color: red;">Winner (circle)</span>	
#2D Nancy Nice _____ vs _____	_Bill Willam_____	6-3 _____ 7-5 _____ _____

# Novice League Score Card

Date Scheduled:

Home Captain:

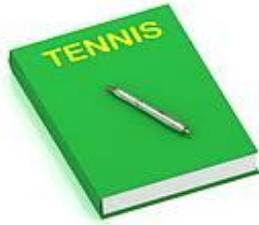
Visiting Captain:

Team:

Team:

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<u>Home Team</u>		<u>Visiting Team</u>	<u>Scores</u>
Singles _____	vs	_____	_____
			_____
			_____
#1D _____	vs	_____	_____
			_____
			_____
#2D _____	vs	_____	_____
			_____
			_____



**Your Player Notes**  
**Game, Set & Match**

## USTA Adult League Tennis

Congratulations! Your tennis journey continues to phase 3, Adult League Play. In Phase 1, Tennis Apprentice, you learned the basic strokes, how to rally and made new friends. After successful completion you were ready to advance to Phase 2 and put your new skills to work in a low stress fun and competitive environment. Here, after 6 weeks you learned more about the rules and customs governing tennis, match play, your Captains responsibilities, and how to be a good teammate. At this point, your beginner instruction is complete and you are ready to move to Phase 3 - Adult League Play.

If you transition to league tennis you are eligible for a one year free USTA membership and one free league fee as part of your participation in the Tennis Apprentice Program. Following is a "To Do" to help you get started:

1. Request a USTA membership by sending the Local League Coordinators (LLC's) an e-mail at [csrata.llc@gmail.com](mailto:csrata.llc@gmail.com).
2. An NTRP rating is required to play league. This is easy! Go to the ***New Captains and Player Guide*** at [www.csratennis.com](http://www.csratennis.com). Click on Adults/Captains Corner. Now open the Guide, go to Sections 4 -7 and follow the directions for creating a TennisLink account and self-rating.
3. Now you are ready to find a team. Talk to your tennis friends and Pro to either form a team or join an existing team. Feel free to call Lucy and Barbara, your LLC's, for help.
4. The LLC's will take care of the league fee and register you for your team.
5. Your Captain will be in touch with the league schedule! You are on your way to playing your first USTA Adult League Match!

***Good Luck, Have Fun and We Will See You On The Courts!!***

***Barbara and Lucy***  
***Local League Coordinators***  
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